



Lions Clubs International
District 325L (MD 325) Nepal L/Y 2022/23

"Change with Humility"

E-Newsletter - November Month 2022

Volume 1, Issue 5



2nd Cabinet Meeting of District 325 L (1st Day)

On November 11 and 12, 2022, 2nd Cabinet Meeting of District 325 L was held at Aanboo Khaireni hosted by four clubs of Aanboo Khaireni, Lions Club of Aanboo Khaireni, Lions Club of Aanboo Khaireni Akala, and Lions Club of Aanboo Khaireni Star. 1st. Day of Cabinet meeting was held at Mai Chhimkeswori Party Palace, Aanbo Khaireni 3, Tanahun. The meeting was presided by our District Governor Lion Mani Shree Ratna Bajracharya and the Chief guest was Lion Khagendra Sitaula. The meeting was quite different than before. Not only Region and Zone gave the report but also cabinet officers like chief, Team Leaders, Coordinators and District Chairpersons gave the report and suggested for the improvement of the district. Chief Guest Lion Khagendra Sitaula suggested that giving services is not enough to be a Strong district but it is equally important to increase members and to open new clubs. Our District Governor Lion Manishree Ratna Bajracharya requested to all cabinet officers to add members and to open new clubs .



Together We Can



DISTRICT 325L NEPAL
L.Y. 2022-23
"Change with Humility"

December Calendar

DG Club Visit Month

- Dec 3 - Int'l Disabled Day
- Dec 5 - Int'l Leo Day
- Dec 6 - 15 - Region Meeting
- Dec 10 - Human Rights Day
- Dec 16 - 19 - ISAME Forum
- Dec 25 - Christmas Day
- Dec 31 Fellowship Hiking

2nd Day of 2nd Cabinet Meeting



2nd Day of 2nd Cabinet Meeting started by Rally in the morning at 9:00 am. It went all over the town of Anbookhaireni. There were more than three types of traditional Baja. All the lions took part in the rally. It was a memorable event. The cabinet meeting was held at Future Star Boarding school, Khatri Chowk, Anboo Khaireni, Tanahun. The presiding of this meeting was District Governor Lion Mani Shree Ratna Bajradcharya and the chief guest was Mr. Sukra Chuman, president of Anboo Khaireni Municipality who inaugurated the meeting and souvernir



World Diabetes Day

District 325 L organized World Diabetes Day on November 14, 2022. To aware the people the lions held a rally distributing pamphlet about diabetes to local people from Basantapur, the centre of Kathmandu city to Naradevi, Nhokha, Bangemuda, Ason, Indra Chowk, New Road and ended at Basantapur. After the rally blood test camp was held and more than 150 people's blood were tested for diabetes. The coordinator of the program was Lion Reshma Shrestha, FWC coordinator.



Clubs Activities

November 1, 2022

1. Lions Club of Kathmandu Blood Circle organized Blood Donation program at Tilicho Lake 4919 m. Altitude, the highest lake in the world. *
2. Lions Club of Kathmandu Nirjala conducted Scholarship Program at Janajyoti Madyamik Bidhyalaya in Tanahun. The club donated Rs.10,000/= each to two orphan students, total amounting Rs. 20,000/= for their studies at the school. The program was conducted by Region Chairperson Lion Anjila Shrestha on auspicious birthday celebration of Ankish Shrestha



November 2, 2022

1. Lions club of Kathmandu Temple Chandeswori celebrated 5th Charter Night at Jawalakhel in front of St. Xavier's School. The chief guest of the program was our dynamic District Governor Lion Mani Shree Ratna Bajracharya. The program was witnessed by 2nd VDG Lion Suman Bhatta along with many cabinet officers.
2. Lions Club of Kathmandu Nirjala donated Rs. 25000/= to the Hepatitis B1 patient for her treatment at the hospital. The amount was from the courtesy of Region Chairperson Anjila Shrestha.



November 3, 2022

1. Lions Club of Kathmandu Subha Aarambha contributed NPR 40800 /-in ("Nepal Lions Foundation) to help different service projects.
2. Lions Club of Kathmandu Subha Aarambha organized Peace Poster Contest at Shri Kalidevi Secondary School, Tarkeshwori Kavresthali. More than 40 students participated in the program.



November 4, 2022

1. Lions Club of Kathmandu Nepalaya participated in the Grand Free Eye and Dental Camp organized collectively by LCK OM Buddha, LCK Nepalaya, LCK Gunakeshari and LCK Union at Temal Village Municipality ward No. 6 and 5. The program was coordinated by Lion Subatra Tamang, District Chairperson, Rural Health Project and the chief guest of the program was Mr. Indra Bahadur Achikari, the president of Ward No. 5. More than 100 school students and the villagers were benefitted by the program. The program was held at Temal Rural Municipality-1, Lama Gaon, Kavre.
2. Lions Club of Kathmandu Gunakeshari conducted Mega Health Camp successfully at Timal Gaupalika, Kavrepalanchon. 135 underprivileged students' Eyes Screening and Dental check-up for 165 students were conducted in the presence of zone 30 Zone Chairperson Reema KR Silwal maam, and all Lion leaders.
3. Lions Club of Kathmandu Om Buddha organized Free Mega Health Camp Dental Check-up inside the premises of Temal 1 Lama Gau Kavre Nepal. We were able to serve 200 People relating to dentistry successfully.



Clubs Activities

4. Lions Club of Kathmandu Aadar organized Hunger Relief Program and warm cap distribution on the occasion of birthday of our club director Lion Shova Gurung.

November 5, 2022

1. Lions Club of Kathmandu organized Blood Donation Program and collected 50 pint of Blood.
2. Lions Club of Kathmandu Nirjala organized Blood Donation Program at Gongabu and collected 35 pint of Blood.
3. Lions club of Tanahun Damauli and Bhanubhakta hosted 2nd Zone Meeting.
4. Lions Club of Kathmandu Blood Circle organized Blood Donation Program at Gongabu and collected 32 pint of Blood and sent to Kantipur Hospital.

November 6, 2022

1. Lions Club of Kathmandu Luniva hosted the 2nd Advisory Committee Meeting held at Sky Restro, Gongabu. Zone Chairperson Lion Vashkar Shrestha was the chairman of the program and LCIF District Coordinator Lion Madhav Lamichhane, Region Chairperson Lion Hari Prasad Dhungana, Zone Mentor Lion Ramesh Kumar Thapa, GMT Coordinator Loin Indra Ratna Bajracharya, Team Leader LLI Lion Gopi Man Shrestha and Lions Club of Kathmandu Luniva, Shubha Aarambha, and Sani Veri participated in the meeting.
2. Lions Club of Kathmandu Aadhar organized Blood Donation Program at Godhunga Satdhara.
3. Lions Club Tanahun Khairenitar organized Health Insurance Program for underprivileged family. 1st District Vice President Lion Parmeshwor Baral witnessed the first phase program health insurance policy purchased for 3 underprivileged families, coordinated by Lion Prem Bahadur Kayastha .

November 8, 2022

1. Lions Club of Kathmandu Nirjala organized Sweater and School Uniforms distribution to 150 students of Shree Manohar School, Tokha for the coming winter. Region Chairperson Lion Anjala Shrestha was the coordinator of the program.
2. Lions Club of Kathmandu Nirjala celebrated fellowship birthday celebrations program with 5000 cash donation.

November 8, 2022

1. Lions Club of Pokhara Metro City organized Peace Essay Contest at Amar Singh Model School among the blind children between the age of 11-13.



Clubs Activities

November 9, 2022

1. Lions clubs of Kathmandu Om Buddha hosted 2nd zone meeting at Jomsom Thakali Kitchen, Maharajgunj. The program was conducted by Zone Chairperson Lion Yogeshwer Sherstha, Region M under Zone 28. All clubs were present in the meeting.
2. Lions Club of Pokhara Metro City organized Peace Poster Contest at Global Collegiate School, Pokhara on the theme of this year, lead with compassion. 15 students participated in the contest.
3. Lions Club of Kathmandu Bishal Bazar has participated in the second advisory committee meeting hosted by Lions Club of Kathmandu Om Buddha in Thakali Kitchen Restaurant, Kathmandu.
4. Lions Club of Temple Valley Kyokushin Karate, with technical support of Nepal Eye Hospital, chief guest in free eye camp and spectacles distribution program in Ward No. 5 in Padma Kanya Bidhashram Secondary School, Dillibazar organized by Nepal Eyes Hospital, Ward No. 3 in Ward no. 7, Padmaknya Vidhashram Secondary School, Dilli Bazar. District Governor Manishree Ratna Bajracharya was Special Guest, President Kush Dhakal, Ward No. 5, President of Nepalese Fashion Home, Hema Manandhar, and Miss Newa Salina Maharjan were present in the program.*



November 10, 2022

1. Zone Chairperson Lion Santosh Bhukhaju, Region M Zone26 completed the 2nd Advisory Committee Meeting. All the clubs were present.
2. Blood Donation Program was conducted by Lions Club of Kathmandu Gunakeshari and collected 30 pints blood in the presence of LCI District Governor 325L DG Lion Manishree Ratna Bajracharya Sir and all Lion leaders.
3. Lions Club of Kathmandu Temple Chandeswori participated in 2nd Advisory Committee Meeting conducted by zone chairperson Lion Santosh Bhukhaju.
4. Lions Club of Tanahun Khairenitar conducted Peace Poster Contest in the presence of Project Management Chief Lion Tej Narayan Parajuli.



November 11, 2022

1. Past Presidents of Lions Club of Pokhara Fishtail participated pre-Cabinet meeting
2. Lions Club of Kathmandu Sitapaila participated in 2nd Cabinet Meeting held at Anboo Khaireni. Total 9 members participated.
3. Lions Club of Tahahun Damauli, Lions Club of Kathmandu Nepalaya, Lions Club of Kathmandu Bed Byas, Lions Club of Kathmandu Bishal Bazar, Pokhara Gandaki State, Chautari Bindhabasini, Kathmandu Nirjala, Simrik Group, Temple Chandeswori, Nirjala, Om Buddha

Clubs Activities

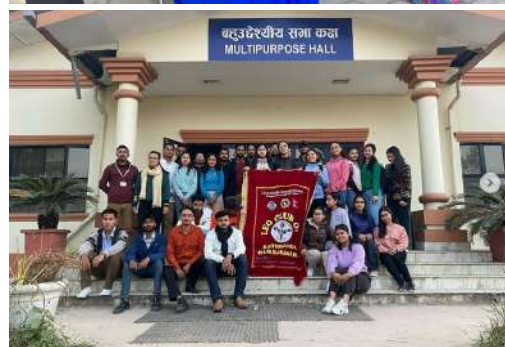
Om Buddha, Blood Circle, Kavre Dhunikhel, Gunakeshari participated in 2nd Cabinet Meeting.

November 12, 2022

1. Lions Club of Kathmandu Blood Circle organized Blood Donation Program inside the premises where the 2nd Cabinet Meeting was held. This is an example of collecting blood in cabinet meeting.
2. Lions Club of Kathmandu Nirjala conducted an awareness program about reusable sanitary pad among teen aged girls in one Anboo Khaireni school.
3. Lions Club of Kathmandu Kavre Dhulikhel organized Diabetes Screening and Awareness Program on the occasion of World Diabetes Day.
4. Lions Club of Kathmandu Durbar Marg organized First Aid Training Program. Most of the leos participated the program.*

November 14, 2022

1. Strides For Diabetes Awareness Program successfully conducted at Basantapur Kathmandu, Nepal, organized by Lions Club International District 325L Nepal. There were more than 300 Lions Leaders participated.
2. Lions Club of Kathmandu Bishal Bazar has participated in diabetes awareness rally and screening camp in Basantapur. Two members from our club had participated in the event.
3. Lions Club of Kathmandu Temple Chandeswori organized Free Diabetes Camp On World Diabetes Day at Satya Sai Hospital compound and 468 people were benefited by the program.
4. Lions Club of Pokhara Munal conducted Peace Poster Competition among 25 students held on Tarakunja academy.
5. Lions Club of Kathmandu Sitapaila participated in diabetes awareness rally and screening camp in Basantapur. organized by District 325 L.
6. Lions Club of Kathmandu Nirjala participated in Peace Poster Contest conducted by Lions Club of Kathmandu Gunakesari in Nawa Madhyamik Bidhyalaya at Basantapur.
7. Lions Club of Pokhara Munal conducted Diabetes Awareness cycle Rally with placard of awareness. 60 cyclists were participated in the program. The Rally ended followed by Type 2 Diabetes Screening.
8. Lions Club of Kathmandu Temple Chandeswori, Nepalaya and Om Buddha participated in diabetes awareness rally and screening camp in Basantapur organized by District 325 L.
9. Lions Club of Tanahun Khairenitar conducted Essay Writing Competition at Shuklagandaki 7, Khairenitar.
10. Diabetes Screening and Free health camp successfully conducted by Lions Leo Club Of Kathmandu Gunakeshari in the presence of DG Lion Shree Mani Shree Ratna Bajracharya ,2ndVDG Lion Suman Bhatta and Club President Jolie Silwal.



Clubs Activities

11. Lions Club of Pokhara Fewa Fishtail City organized Free Diabetes Check-up and Full Body Check- up in 50% cost at Pokhara 10, in front of Ramghat Gandaki Hospital on the occasion of World Diabetes Day. The technical support was given by Star Dynastic Centre, Pokhara 10, Ramghat.



November 15, 2022

1. Lions Club of Kathmandu Nirjala conducted Peace Poster Competition Theme peace compassion. 30 students participated in the contest.
2. Peace Poster competition on the title 'Lead with Compassion' was coorganized by Lions Club of Kathmandu Gunakeshari on 15th November 2022 at Nava Adarsha Secondary School, Basantapur Kathmandu, Nepal. Total 30 contestants (age group of 11,12 & 13) participated the event. Among them, top five best performers were selected as First, Second, Third and Fourth as prize achievers on the basis of preset evaluation criteria. In the presence of Peace poster coordinator Lion Dambar K C, LCI District 325 L Nepal Pro-In- chief Lion Mana Krishna Shrestha, Region N Lion Anjila Shrestha, Zone-30 Zone Chairperson Lion Reema Silwal, Club President Lion Jolie Silwal, Club Secretary Lion Alka Thapaliya. All the winners will be awarded with Stationary Items and certificates. Thank you so much Leo Rahul Saif, Leo Uttam, Leo Prashidhha, Leo Sulav Bikram Malla for Coordination.



November 16, 2022

Lion Club of Kathmandu Peace Land organized Diabetes Awareness Program. About 30 students attended the class.



November 17, 2022

1. Lions Club of Kathmandu Union hosted District Governor Second Advisory committee meeting under Zone 30 Region N. The meeting was conducted by Zone Chairperson Lion Reema Silwal with 100%club attendance 100% PVST in presence of Zone mentor Lion RK Thapa sir, NLF chief Lion Sudhir Sharma sir, LCIF co-ordinator Lion Madhav Lamichhane sir, GMT co-ordinator Lion Indra Ratna Bajracharya sir, FWC Lion Reshma Shrestha ma'am, Region N Lion Anjila Shrestha ma'am.
2. Lions Club of Tanahun Satyabati organized Animal Feeding Program. The food was given to more than 20 cows.
3. Lions Club of Kathmandu Aadar celebrated club treasurer Lion Sulochana Hamal Baniya's Birthday at her home. It was a pleasant surprise to Lion Sulochana.
4. Lions Club of Kathmandu Nirjala organized Free Eye Check-up Camp and more than 150 people were screened and 20 persons who were homeless and staying at Manav Sewa Ashram, Raniban were done cataract operation. Those who needed spectacles were given free of cost. The program was coordinated by Region Chairperson Lion Anjila Shrestha.



Clubs Activities

November 21, 2022

Lions Club of Kathmandu Nepalaya participated in the second zone meeting by PVST team. The meeting was hosted by Lions Club of Kathmandu Yatra. The PVST from all four clubs along with the guests attended the meeting and clubs distributed their reports as well as the lions related matters were discussed in the meeting. Third zone meeting will be hosted by our club, Lions Club of Kathmandu Nepalaya.



November 22, 2022

1. Lions Club of Pokhara Dovan celebrated the birthday of 3rd Vice President Lion Binita Khatiwada.
2. Lions Club of Kathmandu Subha Aarambha organized Drinking Water Distribution and Cleaning Program at Pashupatinath area.



November 24, 2022

1. Lions Club of Kathmandu Nepalaya organized a service program on the auspicious birthday of Club's Past President Lion Kiran Kumar Shrestha. On the very occasion warm clothes (Woolen caps and shocks) were distributed to the 35 children of ECD class at Shree Dhapasi Secondary School, Tokha Mun-4, Dhapasi, Kathmandu. Club Charter President NLF Chief Lion Sudhir Sharma, Alert Chief Lion Amit Thapa, Zone chairperson Lion Rajendra Shrestha and all the PVST and club members attended the program. Lion Kiran Kumar Shrestha celebrated his birthday with the kids at their classes with cake and chocolates too.
2. Lions Club of Kathmandu Simrik Group celebrated their Charter Night.



November 25, 2022

1. Lions Club of Kathmandu Nirjala donated Rs.15,000/= to a kidney patient for dialysis.
2. Lions Club of Kathmandu Nirjala Distributed 60 pieces of blanket and donated Rs.25,000/= to the people of Mughu and Doti District.
3. Lions Club of Kathmandu Baraha Group donated Rs.30,000/- to the Cancer patient Ms. Reeta Deuja for her further treatment.
4. Lions Club of Kathmandu Baraha Group celebrated their 5th Charter Night at Diya Banquet, Dhumbarahi. District Governor Lion Mani Shree Ratna Bajracharya was the chief guest of the event.



November 26, 2022

1. Lions Club of Kathmandu Bed Byas organized Blood donation program.
2. District Governor's 2nd Advisory committee meeting program was held at Am & Pm Restaurant, Suklagandaki. The program was presided by Zone Chairperson Lion Sujit Hirachan, Zone 5. Membership Team Leader Lion Surendra Prasad Paudel was the Chief Guest. The three clubs under Zone 5 of PVST attended the meeting and reported their Clubs' activities.

Clubs Activities

3. Lions Club of Tanahun Myagde attended District Governor 2nd Advisory Meeting which was held at Am & Pm Restaurant, Suklagandaki.
4. Lions Club of Kathmandu Blood Circle organized Blood Donation Program at Khokana and succeeded to collect 36 pint.



November 27, 2022

1. Lions Club of Pokhara Gandaki State celebrated the Birthday of club president Lion Ramji Sunar at at Bajyko Sekuwa, Pokhara.
2. Lions Club of Kathmandu Nirjla organized Blood Donation Program at Salyantar, Dhading by Region Chairperson Lion Anjila Shrestha. 35 pint blood was collected.
3. Lions Club of Kathmandu organized Free Eye Check-up Camp and Cataract operation for 150 homeless needy people in Dolkha and spectacles distribution organised by Region Chairperson Lion Anjila Shrestha.
4. Lions Club of Kathmandu Social Circle organized Blood Donation Program at Khokana.*
5. Lions Club of Kathmandu Social Circle organized Hunger Relief Program. The club offered dinner to all Blind Girls and Boys of Tarkeshwor, Kathmandu Nepal.

November 29, 2022

Lion Club of Pokhara Chautari Bindhabasini hosted 2nd Advisory Committee Meeting. The meeting was presided by Zone Chairperson LionnRajesh Pahari. All three clubs under Zone 7 of PVST were present and reported their clubs' activities.

November 30, 2022

1. Lion club of Tanahun Myagde & Leo Club of Tanahun Myagde organized Warm Clothes and Stationery Distribution Program at Shree Bedkalika Primary School, Myagde, Ranishoor 7. The Chief Guest of the program was Membership Team Chief Lion Surendra Paudel. The Club President Lion Sunder Mani Adhikari was the coordinator of the program.
2. Lions Club of Kathmandu Myagdi Youth participated in 2nd Advisory Committee Meeting.



Lions Clubs International Report Up to September

		November	Upto November 30
Overall Activities	...	107	753
Overall People Served	...	5,689	50,460
Overall Volunteer Hours	...	7,084	24,089
Vision Activities Count	...	4	14
Hunger Activities Count	...	10	70
Environment Activities Count...		5	55
Diabetes Activities Count	...	0	7
Childhood Cancer Activities Count		0	2

*** Not reported in Lions Clubs International**



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