



**Lions Clubs International**  
District 325L (MD 325) Nepal L.Y 2022/23

"Change with Humility"

# E-Newsletter

Vol 1 issue 9

## MARCH MONTH 2023



Family and Women Symposium was organized by District 325 L at Bougain Villa Events, Tripureswor on March 8, 2023 (International Women’s Day) coordinated by FWC Lion Reshma Shrestha. The first session of the program was conducted by Emcee Lion Gelmu Sherpa Budhathoki. The Chief guest of the program was Ms. Indira Rana Magar, Deputy Speaker of the house of Representatives of Nepal. The presentation about Family and Women Symposium was presented by District Governor Lion Mani Shree Ratna Bajracharya. The main theme of the program was to encourage and motivate women for leadership and to join lions. The guest speakers are Ms. Indira Sapkota, Mrs. Mithila Sharma, actress and dancer, Dr. Paleswan Joshi Lakhey, Mrs. Meera Jyoti, D.I.G. Kiran Rana, Mrs. Hema Manandhar, Mrs. Soni Karanjit, Mrs. Laxmi Ghalan and keynote speaker was Shristi K.C., Motivational Speaker. Token of Love was presented to all the speakers and the supporters of the program.



*Together We Can*



**DISTRICT 325L NEPAL**  
L.Y. 2022-23

"Change with Humility"



### April Calender

- April 1 – Leo of the year Application
- April 7 - PDG Meeting /1st Annual Con
- April 8 - 1st Annual Convention & Rural health project
- April 10 - 16 Blood Donation week
- April 14 - New Year
- April 17 - 23 World week of service to protect our planet





# Holi Celebration



Holi celebration program was organized by Lions Clubs International District 325 L Nepal (Gandaki area) at Baral Party Palace , Birauta Pokhara on March 6, 2023. **(Bagmati Area)** Holi was also celebrated in Kathmandu along with the celebration of District Governor Lion Mani Shree Ratna Bajracharya's Birthday and Wedding Anniversary of District Cabinet Secretary Lion Surendra Ratna Shakya.





## One School One Emergency Room

One School One Emergency Room handover program was sponsored by Lions District 23-B , Connecticut , USA & Lions Clubs International District 325 L, Nepal on March 24, 2023 coordinated by Lions Club of Aanboo Khaireni, Lions Club of Aanbookhaireni City, Lions Club of Aanboo Khaireni Akala, Lions Club of Aanbookhaireni Star & Lions Club of Manakamana at Mitrata Secondary School, Aanbookhaireni -3, Satrasaya Phat, Tanahun.





## Peace Poster

L.Y. 2022-23

The future is in our hands, and in order to build it, we have to help each other." Congratulations to 2022-23 Lions International [#PeacePoster](#) Contest Grand Prize Winner **Emma Andreea Paveliuc, 13**, sponsored by IASI D Lions Club (Romania)! For over three decades, the Peace Poster Contest has inspired thousands of children around the world. View the 2022-23 Grand Prize and Merit Award winning posters:

### 2022-23 Grand Prize Winner

Emma Andreea Paveliuc  
13 years old  
Romania

*Sponsored by*  
IASI D Lions Club



*Emma Andreea Paveliuc*



## LCIF Banquet Program

District 325 L, Leaders participated on LCIF Banquet in Honor of Past International President  
**Dr. Jitsuhiro Yamada** at Hotel ALOFT Kathmandu, Thamel on March 13, 2023.



## Community Search And Rescue Training

Lions Clubs International District 325 L, Nepal organized Community Search and Rescue Training to 15 Alert Team members including our District Governor Lion Mani Shree Ratna Bajracharya. The training was given by Army Police Force (APF) Nepal Disaster Management School, Kurintar, Chitwan for the first time to public. The training lasted for three days. The Training was given on following topics :

- |  |   |
|--|---|
| 1) Safety Briefing   | 2) Most happening Disaster in Nepal and its management        |
| 3) Proper use of PPE and its importance / First Aid  | 4) Earthquake and its risk in Nepal                           |
| 5) Water Induced Disaster types and their management   | 6) Snake Bite, Poisoning & Drowning                           |
| 7) Different Medical Emergencies and Pre-Hospital Treatment  | 8) CPR & FBAO Theory and Practical                            |
| 9) Rope Rescue: Use of knot and hitches  | 10) Rescue scenario handling and operation of Search & Rescue |
| 11) Soft Tissue Injuries, Fracture and Splinting/ Dressing and Bandaging, Theory and Practical                   |   |
| 12) Building Fire, Forest Fire, Kitchen Fire & Electric Fire and Extinguishing Techniques / Brigade Bucket drill |   |



## Clubs Activities

### March 1, 2023

Lions Club of Pokhara Gandaki State hosted Third Advisory Committee Meeting at Tilipiya Restaurant. All the three clubs, Lions Club of Pokhara Himalayan, Lions Club of Pokhara Gandaki State and Lions Club of Pokhara Gandaki Dovan under Zone 9 were present. Zone Chairperson Lion Subindra Shrestha chaired the program.



### March 3, 2023

Lions Club of Pokhara Munal celebrated its 15th Charter Night along with Charter Handover to Lions Club of Pokhara Mardi. The chief guest of the program was District Governor Lion Mani Shree Ratna Bajracharya and 2nd VDG Lion Suman Bhatta, PRO - in - Chief Lion Mana Krishna Shrestha and Alert Chief Lion Amit Thapa from Kathmandu were present in the program.



### March 4, 2023

1. Lions Club of Kathmandu Sitapaila celebrated birthday of Charter President Lion Ram Saran Khadka.
2. Lions Club of Pokhara Central State participated in the inauguration of 1st Annual District Convention Secretariat.



### March 5, 2023

Lions Club of Kathmandu Abhiyan organized Food Distribution Distribution Program at Manav Sewa Asharam, Dhapakhel in coordination of Lion Nakul Giri.



### March 6, 2023

1. Lions Club of Pokhara Gandaki State celebrated Color Festival Holi in the presence of 1st VDG Lion Parmeshwor Baral and most of the lion leaders.
2. Lions Club of Pokhara Gandaki Dovan celebrated Color Festival Holi in the presence of 1st VDG Lion Parmeshwor Baral and most of the lion leaders. Lions Club of Pokhara Central State, Lions Club of Pokhara Fishtail, Lions Club of Tanahun Damauli, and Lions Club of Pokhara Chautari Bindhabasini and Lions Club of Pokhara Jayalaxmi also participated in the Holi festival.
3. Lions Club of Kathmandu Subha Aarambha and LC Kathmandu Luniva participated in District Program of Holi Festival and celebrated the District Governor's Birthday.
4. Lions Club of Kathmandu Yatra hand over a cheque amounting Rs. 8,333/= to Mrs. Janaki Baral to support for her daughter Miss Sajana Baral's education.



### March 7, 2023

Lions Club of Kathmandu Blood Circle was successful to have MOU with Indian Blood Team.



# Clubs Activities

## March 8, 2023

1. Lions Club of Kathmandu Om Buddha and Lions Club of Kathmandu Yatra, Lions Club of Kathmandu Aadar, Lions Club of Kathmandu Subha Aarambha, Lions Club of Kathmandu Social Circle, LC Kathmandu Bishal Bazar participated in Family and Women Symposium
2. Lions Club of Kathmandu Blood Circle and Lions Club of Social Circle organized Blood Donation Program at Tarkeswor, Milan Basti on the occasion of International Women's Day



## March 9, 2023

1. Lions Club of Kathmandu Ramkot, Lions Club of Kathmandu Pingalasthan and Lions Club of Kathmandu Sitapaila jointly organized A free Eye Check-up Camp for 400 students of a government school. The team of professionals and experts from Nepal Eye Hospital set up the necessary equipment to conduct the check-up. The team also provided education and guidance on proper eye care and hygiene. They gave tips on how to maintain good eye health and prevent common eye problems such as dry eyes, allergies, and infections.
2. Lions Club of Kathmandu Blood Circle organized a meeting with Bagmati Province Member of Parliament Honorable Bhuwan Pathak Sir to discuss about the blood donors and blood donation program.



## March 9, 2023

Lions Club of Kathmandu Subha Aarambha attended the Region and Zone Chairperson Meet Program at Aradhana Complex, Bag Bazar coordinated by Lion Nirmal Kumar Shrestha.



## March 10, 2023

Lions club of Kathmandu Blood Circle had a Fellowship Program with District Governor Lion Mani Shree Ratna Bajrachary and district lion leaders at Jamal Party Palace, Jamal.



## March 11, 2023

Lions Club Kathmandu Blood Circle and Lions Club of Social Circle organized Charter Handover Program Of Leo Club of Kathmandu Social Circle along with Governors Club Visit Program at Jyatha.

## March 12, 2023

Lions Club of Kathmandu Subha Aarambha participated in LCIF Banquet in honor of Past International President Dr. Jitsuhiro Yamada at Hotel ALOFT Thamel, Kathmandu.

## March 14, 2023

Lions Club of Kathmandu Blood Circle and Lions Club of Social Circle organized Mega Blood Donation Program at Vintage De' Home Restaurant on the occasion of a famous artist Mr. Yaman Shrestha's Birthday.



# Clubs Activities

## March 15, 2023

1. Lions Club of Kathmandu Abhiyan organized Clothes Distribution Program along with food materials at Bibek Socha Sewa Bal Ashram, Babar Mahal. Malika Shaya and Anjana Shrestha were the coordinators of the program.
2. Lions Club of Kathmandu Abhiyan donated Rs. 8,000/= by one of the club members Lion Praju Lama to Dip Bahadur Chepang who fell from the tree and had a problem in the spinal. His treatment was going on at Teaching Hospital, Maharajgunj.



## March 17, 2023

1. Lions Club of Kathmandu Ramkot, Lions Club of Kathmandu Pingalasthan and Lions Club of Kathmandu Sitapaila jointly organized Distribution of Track-suit and Stationery Goods with Bags to 50 students at Dhunibesi Municipality ward no -9, Nishakot, Dhading District.



## March 18, 2023

1. Lions club of Kathmandu Om Buddha attended Region conference & Fellowship Program at Silauti Resort, Lalitpur
2. Lions Club of Kathmandu Unity Circle attended the orientation Program organized by Lions club Of Kathmandu Nepalaya at To-kha Road, Milan Bazar.
3. Nirmala Maharajan (Nikki), Region Chairperson organized Region Conference at Silauti Resort, Lalitpur. She thank to District Governor Lion Mani Shri Ratna Bajracharya, all the cabinet officials and Station Manager Siromani Duwadi of Annapurna Radio Nepal, Procurement Head of Lalitpur Metropolitan City.



## March 19, 2023

Lions Club of Pokhara Bhadrakali organized Monitoring Program between social workers and goat framers at Deupur Parbat. \*

## March 20, 2023

1. Lions Club of Pokhara Jayalaxmi visited the hospital to wish 2nd VP's wife's health for quick recovery.
2. Lions Club of Kathmandu Abhiyan organized a program to feed food at Matatirtha Old age home under the coordinator of Lion Mallika Sakya and Anjana Shrestha ZCP Soni Karanjit



## March 21, 2023

1. Lions Club of Pokhara Fishtail participated the region and zone meeting on at Hotel Tulsi Pokhara Nepal.
2. Lions Club of Pokhara Chautari Bindhabasini conducted an election at Fishtail Inn, Pokhara.
3. Lion Sabina Rajthala's Grand-mother in Law passed away and Lions Club of Kathmandu Blood Circle and Lions Club of Kathmandu Social Circle expressed heartfelt condolences to the bereaved family with the wishes of eternal peace.





# Clubs Activities

## March 22, 2023

1. Lions Club of Kathmandu Abhiyan donated Rs. 8,000/ to Jenis Ghimire who was paralysed having Dangi disease. He was treated at Teaching Hospital Maharajgunj.
2. The charter Handover Program was organized by Lions Club of Gaurishankar at Airport Hotel. The Charter was handover to Lions Club of Kathmandu Benevolent Professionals.
3. Lions Clubs of Kathmandu Social Circle expressed their happiness among the lions in Charter Handover Program.
4. Lions Club of Kathmandu Myagdi Youth conducted the election and elected President, Vice President, Club Secretary and Treasurer for LY 2023-2024.
5. Lions club of Kathmandu Samarjit conducted a program of Free Distribution of 20 sets of tracksuit for (IWCC) wheelchair cricket championship.



## March 23, 2023

Lions Clubs of Kathmandu Social Circle and Lions Clubs of Kathmandu Blood Circle jointly organized Blood Donation at Ashapuri Mandir, Tarkeswor - 5 in coordination with Aryaltar Tole Sudhar Samiti and six star Multipurpose Cooperative Co.



## March 25, 2023

1. Lions Club of Pokhara Gandaki State conducted the election and elected a President, Vice President, Club Secretary and Treasurer for LY 2023-2024.
2. Lions Clubs of Kathmandu Social Circle and Lions Clubs of Kathmandu Blood Circle jointly organized Blood Donation at Ashapuri Mandir, Tarkeswor - 5 in coordination with Aryaltar Tole Sudhar Samiti and six star Multipurpose Cooperative Co.



## March 27, 2023

1. Lions Club of Pokhara Fewa Fishtail City conducted a meeting for nominating candidacy for 2nd VDG Lion Yek Narayan Sharma, Lions Year 2023-2024, at SRKC Banquet, Sital Devi, Pokhara.
2. Lions Club of Pokhara Chautari Bindhabasini conducted a meeting for nominating 1st VDG Lion Parmeshwor Baral to District Governor for Lions year 2023-2024.



## March 28, 2023

1. Lions Club of Kathmandu Unity Circle organized Food Distribution Program in memory of Late Nanda Maya Adhikari at Matatirtha Old Age Home, Matatirtha.
2. Lions Club of Kathmandu Social Circle contributed Eggs, Tent, Chairs to the Blood donors.



# Clubs Activities

## March 30, 2023

1. Lions Club of Kathmandu Kakani participated in Candidate Presentation and Fellowship program.
2. Lions Club of Kathmandu Sitapaila, Lions Club of Kathmandu Bashistha, Lions Club of Kathmandu Ramkot, Lions Club of Kathmandu Aadar and Lions Club of Kathmandu Subha Aarambha participated in Candidate Presentation and Fellowship program held at Aradhana Complex, Bag Bazar.
3. Seven members of Lions Club of Kathmandu Bishal Bazar participated in Candidate Presentation and Fellowship program held at Aradhana Complex, Bag Bazar.
4. Lions Club of Kathmandu Blood Circle celebrated the birthday of 1st VP Lion Laxman Joshi
5. Lions club of Kathmandu Sitapaila celebrated the Birthday of Lion Bishnu Hari Bhattarai, Secretary of official years 2023-2024
6. Lions Club of Kaathmandu Social Circle pay Tribute to Lion Badri Dahal's Father.
7. Lions Club of Kathmandu organized Hunger Relief Program at Punarbal Plus Home, Ramkot, Sitapaila on the 6th death anniversary of Mr. Gyan Basnet.



## March 31, 2023

1. Lions Clubs of Pokhara Chautari Bindhabasini organized Election Campaign in Pokhara, Khairenitar, Damauli, Anbookharenit and Kathmandu for Yes vote to District Governor Post for Lion Parmeswor Baral, 1st VDG for Lion Suman Bhatta and 2nd VDG for Lion Yek Narayan Sharma.





## Lions Clubs International Report Up to March 2023

	March 2023	Upto March 31
Overall Activities ...	248	1,858
Overall People Served ...	16,375	1,24,775
Overall Volunteer Hours ...	12,803	57,989
Vision Activities Count ...	4	53
Hunger Activities Count ...	18	142
Environment Activities Count ...	2	90
Diabetes Activities Count ...	7	51
Childhood Cancer Activities Count	2	6
Other Activities Count ...	209	1,516



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