



**Lions Clubs International**  
District 325L (MD 325) Nepal L/Y 2022/23

"Change with Humility"

# E-Newsletter

Vol 1 issue 6

## DECEMBER MONTH 2022



### 50<sup>th</sup> ISAME Forum 2022

50<sup>th</sup> ISAME Forum was held at Visakhapatnam, Andhra Pradesh, India from December 16 - 19, 2022. Eight members from District 325 L attended the Isame Forum. Congratulation to our respected **District Governor Lion Mani Shree Ratna Bajracharya** for being awarded the **Membership Growth Achiever Award 2022-23**, Winner in the 50<sup>th</sup> ISAME Forum 2022. We would like to thank all the leaders of the district and the clubs who helped for the growth of our district. PID Lion Sanjay Khetan introduced Lion Bal Krishna Burlakoti for International Director in 105th Boston Convention and Burlakoti addressed the ISAME Forum for his International Director endorsement.



*Together We Can*



**DISTRICT 325L NEPAL**  
**L.Y. 2022-23**  
"Change with Humility"



### January Calendar

- Jan 1 – New Year
- Jan 7 - Physical Fitness Program
- Jan 9 - 15 - LCIF Week
- Jan 13 - Melvin Jones Day
- Jan 14 - International Youth Outreach Seminar
- Jan 15 - International Convention  
early bird registration
- Jan 16 - 22 - Blood Donation Week
- Jan 28 - Grand Fellowship Program



## Peace Poster Selection



Selection of Peace Poster was done from a senior artist of Lalitkala Campus, Kathmandu Mr. Ratna Shakya on December 2, 2022 at District office building, Khichapokhari. The result of the Peace Poster was as follows: 1st - Lions club of Kathmandu Bed Byas, 2nd - Lions Club of Pokhara Himalayan, 3rd - Lions Club of Pokhara Fewa Lake City, 4th - Lions Club of Tanahun Khaireni, 5th - Lions Club of Pokhara Metro City. The above posters were selected in the presence of District Governor Lion Manji Shree Ratna Bajracharya, 2nd VDG Lion Suman Bhatta and some chiefs of the district.



## Banquet in honor of International President

Multiple District 325 Nepal organized a Banquet in honor of International President, *Brian E. Sheehan* at Marriott Hotel, Naxal, Kathmandu on 21<sup>st</sup> December, 2022. Twenty Lion Leaders of District 325 L participated the banquet including our District Governor Lion Mani Shree Ratna Bajracharya. Our Governor received Token of Love from International President Brian E. Sheehan.



## Small Act Big Impact



Micro Credit Finance is one of the best alternatives to generate self-employment. It provides services to communities that cannot offer collateral to offer against loans. The Micro credit Loan is given to those who have indigenous skill and a strong desire to take part in economic activities from self-employment and income generation.

With the concept of uplifting the skilled needy women of our communities to make them self-employment Lions Club of Kathmandu Bishal Bazar started a permanent new service of " Micro Credit Loan" with the financial support from Lions Club of Sollorod Denmark.

This Year 2022-2023 we are successful to award " Micro Credit Loan " to only 12 women.

Lions Club of Kathmandu Bishal Bazar organized Micro Credit Loan Distribution at Nepal Adarsha Secondary School, Ganabahal to twelve needy women of Ganabahal. The program was supported by the local community, Bhulan Sudhar Samiti. The program was also witnessed by the president of local government ward no. 22 Mr. Chini Kaji Maharajan. The seed money of Rs. 25,000/= for the twelve women who were in the small business were distributed in the presence of District Governor of District 325 L Lion Manishree Ratna Bajracharya, 2<sup>nd</sup> Vice District Governor Lion Suman Bhatta and most of the Bishal Bazar club members.

Before distribution of Micro Credit Loan Lion Sunil Krishna Shrestha explained that this project has been continued for more than ten years and provided the loan for more than 200 women of the community. He also explained how this project runs and keeps on giving loans to other women as they keep on paying back. The financial sponsor of the project is Lions Club of Sollorod Denmark.

The Twelve women who are eager to expand their business with the help of the Micro Credit Loan are as follows :

1. Rajeshwori Manandhar, 2. Saraswoti Nakarmi, 3. Rachana Tuladhar, 4. Nita Shikrakar, 5. Ishori Tiwari, 6. Bir Maiya Shahi, 7. Sabina Amatya, 8. Purna Kumari Maharjan, 9. Rasna Shakya, 10. Gyani Chori Maharjan, 11. Rabina Shrestha, 12. Janaki Ranjit

After distribution of the loan, 2<sup>nd</sup> VDG Lion Suman Bhatta expressed his views about the loan which can change the confidence of the women and can able to stand in the community. He gave good wishes to all the twelve women for their success.

The local government president of ward no.22 Mr. Chini Kaji gave lot of thanks to the donor of the project, Lions Club of Sollorod Denmark. The project can really uplift the women of our community which is his dream but did not yet fulfilled. With the help of lions Club his dream will come true. He is very much positive about the lions clubs services in the community.

Our District Governor Lion Mani Shree Ratna Bajracharya also commented that Lions Club of Kathmandu Bishal Bazar is one of the senior most club. The club has many permanent projects to serve the local community like Free Ambulance Serevices, Free Funeral Vehicle services, Free Eye Check-up and this Micro Credit Loan. He thanked the sponsor club Lions Club of Sollorod Denmark and wishes help in near future as well.

The program was adjourned after vote of thanks given by 1<sup>st</sup> Vice President of the club Lion Suman Bista.



# Small Act Big Impact

## “ One School One Emergency Room ”

Lions Club of Tanahun Myagde organized Handover Program to Shree Janaganapati Secondary School at Myagde - 3, Adhikarithok Tanahun. The emergency Room was inaugurated by our District Governor Lion Mani Shree Ratna Bajracharya along with 2nd VDG Lion Suman Bhatta, Pro-in-Chief Lion Mana Krishna Shrestha, NLF Chief Sudhir Sharma and Zone Chairperson Lion Sujit Hirachan.



# Clubs Activities

## December 1, 2022

1. Lions club of Kathmandu Gunakeshari organized World HIV Aid Awareness Program on World HIV Aids Day at Maruhity, Kathmandu. District Governor Lion Mani Shree Ratna Bajracharya, 2nd VDG Lion Suman Bhatta along with many district officers were present in the program.
2. Lions Club of Kathmandu Social Circle organized Hunger Relief Program on the occasion of Samantha Brielle Torliatt's birthday at Blind Center Tarkeshwor Nepal. The program was sponsored by Tara Rai (Sara Rai) from USA California and Supported by Sabina Rai. Around 50 people were benefited.



## December 2, 2022

1. Lions Club of Kathmandu Baraha Group hosted the 2nd Advisory Committee Meeting at Universal Circle. President, Vice President, Secretary and treasurer of Lions Club of Kathmandu Baraha Group, Simrik Group and pravesh were present in the meeting.
2. Lions Club of Pokhara Gandaki State participated in District Governor's Second Advisory Committee Meeting held at Telpia Hotel & Restaurant.
3. Lions Club Pokhara Gandaki Dovan hosted District Governor Second Advisory committee meeting (Zone Meeting) under the chairmanship of zone chairperson Lion Subindra Shrestha. Service Chief Lion Yek Narayan Sharma was the chief guest of the program. PVST team members of all three clubs, Lions Club of Pokhara Gandaki Dovan, Lions Club of Pohara Gandaki State and Lions Club of Pokhara Himalayan were present in the meeting.



## December 3, 2022

1. On the auspicious occasion of Leo Week held on Kalbhairab, Kathmandu Lions Club of Kathmandu Gunakeshari sponsored for the program "Blood donation". The program was a huge success with the total of 35 Pint of Blood collection and free diabetes screening for 165 persons; and with the participation of Lions Club President and Leo Club advisor Ms. Jolie Silwal, Mr. Shyam Prasad Adhikari, Leo District President Mr. Yogesh Gautam, Leo Club President Mr. Sulab Malla, 1st VP Lion Laxmi Sharma, club Secretary Lion Alka Thapaliya, club member Lion Prakriti Tuladhar, Leo Club Secretary Leo Osan Shrestha, Leo Prasiddha Karki Leo Rahul Safi, Leo Abisek Karki and all Leo and Lions Leaders were present in the program.
2. Lions Club of Pokhara Himalayan organized School Dress, Stationery and Sports Items Distribution Program to 16 School children and their families.
3. Lions Club of Kathmandu Kavre Dhulikhel organized World HIV Aid Awareness Program at Dhulikhel on the occasion of 35th World Hiv Aids day. The students with placard took a rally around the city of



## Clubs Activities

4. Lions Club of Kathmandu Nirjala organized Free Blanket Distribution and Financial support to the people of Mugu and Doti districts. The program was hosted by Lion Anjila Shrestha, Region Chairperson and Co– hosts were Mechi Mahakali Buhari Sanyukta Awaz, Lions Club of Kathmandu Nirjala, Heads Nepal and Cananda Nepal Development Foundation The program was held at Budha Nagar, naya Baneswor, Indreni.
5. Lions Club of Kathmandu Sitapaila organized Picnic Fellowship Program.at Switzerland Park, Nagarjun Nagarpalika. All the club members were present including District Governor Lion Mani Shree Ratna Bajracharya and district leaders.
6. Lions Club of Kathmandu Sitapaila organized Charter Handover Program of Lions Club of Kathmandu Ramkot at Switzerland Park, Nagarjun Nagarpalika in the presence of District Governor Lion Mani Shree Ratna Bajracharya.
7. Lions Club of Kathmandu Prayasnagar organized DG Club visit program at Gharana Garden, Mid-Baneswor. DG Lion Mani Shree Ratna Bajracharya along with 2nd VDG Lion Suman Bhatta, Cabinet Secretary Lion Surendra Shakya, PRO-in-Chief Lion Mana Krishna Shrestha and DG Club Visit Coordinator Lion Amit Ratna Sthapit were present in the club visit.
8. Lions Club of Kathmandu Sitapaila, Lions Club of Kathmandu Ramkot and Lions Club of Kathmandu Pinglasthan clubs were visited by District Governor and his team at Switzerland Park, Indradaha.
9. Lions Club of Kathmandu Blood Circle conducted Birthday celebration of ahn active member of the club Lion Sujan Bhattarai.
10. Lions Club of Pokhara Green Force distributed warm clothes & sports items among the 36 students of Shree Himalayan Danfe Secondary School, Karuwa Machhapuchhre - 1, Kaski.



### December 4, 2022

1. Lions Club of Kathmandu Sani Bheri organized "Hunger relief program" for the 200 old aged people in Banasthali , Kathmandu Nepal with the presence of Zone chairperson Lion Vashkar Shrestha and Region Chairperson Lion Hari Prasad Dhungana.
2. Lions Club of Tanahun Khairenitar organized warm Clothes and Stationery goods distribution Program.
3. Lions Club of Tanahun Khairenitar celebrated 65th Leo Week by lighting candles.

### December 7, 2022

Lions Club of Pokhara Gandaki Dovan visited Pathivara Temple at Taplejung. Most of the club members visited the temple.

## Clubs Activities

### December 9, 2022

1. Lions Club of Pokhara Darpan hosted in the Second Advisory Committee Meeting of Zone 6. It was held at Hotel Deep Sagar New Road Pokhara where PVST of our club participated. The meeting was presided by Zone Chairperson Lion Kul Prasad Baral.
2. Lions Club of Pokhara Fewa Fishtail City has participated District Governor Second Advisory Committee at Hotel Deep Sagar New Road Pokhara where PVST of our club had participated.
3. Lions Club of Kathmandu Blood Circle participated in second advisory committee at ND"S CAFÉ, Jyatha Jamal Kathmandu. The meeting was presided by the Zone Chairperson Lion Anil Ratna Tuladhar. Lion leader NLF Chief Lion Sudhir Sharma, GMT Co ordinator Lion Indra Ratna Bajracharya, Region Chairperson Lion Keshav Paudel were present in the meeting. The meeting was hosted by Lions Club of Kathmandu Chabbdī Barahi. All four club of PVST were present in the meeting.
4. Lions Club of Kathmandu Nirjala organized Free Eye-Check-up Camp and screening for cataract in Pabitra Ama Samaj, Tokha. Those who needed Spectacles for near vision was distributed free of cost. The program was coordinated by Region Chairperson Lion Anjila Shrestha.
5. Lions Club of Kathmandu Nirjala organized warm clothes distribution to needy poor people in pabitra ama samaj tokha organised by Region Chairperson Lion Anjila Shrestha



### December 10, 2022

1. Lions Club of Kathmandu Ramkot and Sitapaila jointly organized and sponsored for Free Lungs and Kidney Check-up at Jayanti First Point, Fabku. Sitapaila.
2. Lions Club of Kathmandu Myagdi organized Food Distribution Program in Child Protection Foundation Nepal for 30 orphans. Woman Leader Team Chief Lion Tara Bhusal, District Team Leader, Woman Coordinator, Zone Chairperson and some of the lion leaders were present in the program.
3. Lions Club of Pokhara Gandaki State conducted District Governor's Club visit.
4. Lions Club of Pokhara Fewa Fishtail City conducted District Governor's Club visit.
5. Lions Club of Pokhara Metro City conducted District Governor's Club visit.
6. Lions Club of Kathmandu Blood Circle organized Blood Donation Program at Tahachal and collected 18 pint of blood.
7. Lions Club of Pokhara Darpan organized Blood Donation Program and whole Body Check-up at Sangam Marga, Pokhara 9.
8. Lions Club of Kathmandu Subha Aarambha organized a program of blood donation and free diabetes test where 15 people were consulted after testing diabetes in the memory of Mata Ram Maya Shrestha.\*





# Clubs Activities

## December 11, 2022

1. Lions Club of Pokhara Chautari Bindhabasini organized Stationery and Sports Goods Distribution at Shree Fewa Basic School, Chapakot Kaski.
2. Lions Club of Tanahun Myagde conducted District Governor's Club visit.
3. Lions Club of Tanahun Myagde established one Emergency Room in Janaganapati Secondary School, Myagde 3, Adhikarithok, Tanahun. The room was inaugurated by our District Governor Lion Mani Shree Ratna Bajracharya along with 2nd VDG Lion Suman Bhatta, Pro-in-Chief Lion Mana Krishna Shrestha and NLF Chief Sudhir Sharma.
4. Lions Club of Kathmandu Nirjala organized Free Food Distribution Program to needy and homeless people in Pabitra Ama Samaj, Tokha. The coordinator of the program was Region Chairperson Lion Anjila Shrestha.



## December 12, 2022

1. Lions Club of Pokhara Fishtail participated in Second advisory Committee meeting under Zone 8 held at Hotel Besing, Pokhara Lakeside.
2. Lions Club of Pokhara Darpan organized Warm Clothes Distribution Program in Shree Janachetana Primary School, Bhalam, Pokhara.
3. Lions Club of Kathmandu Subha Aarambha organized Foundation Ceremony of Modern Public Toilet inaugurated by our District Governor Lion Manishree Ratna Bajracharya. Most of the district officers were present in the event. \*



## December 14, 2022

1. Lions Club of Kathmandu Social Circle and Blood Circle jointly supported for Blood Donation Program in the premises of Themes College.
2. Lions Club of Kathmandu Nirjala organized Free Eye-Check-up Camp and screening for cataract at Manav Sewa Ashram, Lalitpur 35 persons were given Spectacles and 25 persons were operated for cataract free of cost. The program was coordinated by Region Chairperson Lion Anjila Shrestha.
3. Lions Club of Pokhara Bhadrakali organized warm clothes distribution program at an Elementary School at Deep Pokhara. \*
4. Lions Club of Pokhara Green Force donated Rs. 5,000/= to Mr. Bibek Gurung for the treatment of kidney. The club also organized for campaigning to support for Bibek Gurung.



# Clubs Activities

## December 17, 2022

1. Lions Club of Pokhara Fishtail organized Scholarship Distribution Program for ten students of Bishwo Shanti Secondary School, Deurali, Kaski.



## December 18, 2022

1. Lions Club of Kathmandu Gunakeshari and Lions Club of Om Budha distributed Wheelchair to Kaushila Devi Gyawali in the presence of club president Lion Jolie Silwal.



## December 20, 2022

1. Lions Club of Kathmandu Nepalaya organized inter school quiz competition at Fluorescent Secondary School, Tokha-08, Gairigaun, Baniyatar. The program was held at Activity hall. The program's two round questions were asked related to Lions Clubs International. The program was jointly organized with Fluorescent Secondary School. The program was coordinated by Lion Tirtha Raj Ghimire, First Vice President of LCK Nepalaya and Vice-Principal of School.
2. Lions Club of Kathmandu Myagdi Youth organized Hunger Relief Program. Food Materials were distributed at Our Child Protection Foundation Nepal, Dhapasi 7, Kathmandu.
3. Lions Club of Kathmandu Chhabdi Barahi organized Animal Feeding Program. The food was distributed to the monkeys of Swayambhu.
4. Lions Club of Kathmandu Nepalaya organized Award and Prize Distribution Program of Peace Poster competition winner and Quiz contest winners at Fluorescent Secondary School. The program was held at the school premises in the assembly.
5. Lions Club of Tanahun Byas City distributed Shoes, socks, sports materials and books to the students of Shri Laxmi Aadhar Vidyalaya Bash 2.
6. Lions Club of Tanahun Bhanubhakta concluded Eye Camp at Shri Kuljyoti Pv, Myagde 3, Tanahun. \*



## December 24, 2022

1. Lions Club of Kathmandu Gunakeshari organized Blanket Distributed for 25 Underprivileged Children of Karuna Buddhist Bihar, Matatirtha Chandragiri Nagarpalika Kathmandu Nepal. \*
2. Lions Club of Pokhara Gandaki State organized Warm Clothes and Educational Materials Distribution Program in Nabajyoti Basic School, Patne Biruwa, Syangja, Nepal.
3. Lions Club of Pokhara Gandaki State organized Warm Clothes and Educational Materials Distribution Program in Himel Darshan Basic School, Arupata, Ramchhedhunga, Syangja, Nepal.
4. Lions Club of Pokhara Gandaki State organized Warm Clothes and Educational Materials Distribution Program in Janapriya Pikal Bhanjyang Basic School, Kokhybahu, Syangja, Nepal.



## Clubs Activities

5. Lions Club of Kathmandu Blood Circle organized Blood Donation Program at Naya Bazar Kathmandu and collected 26 pint of blood.
6. Lions Club of Pokhara Gandaki State organized Fellowship Program at Biruwa Gaunpalika. Huge number of district personnel along with lions members participated in the fellowship program.
7. Lions Club of Kathmandu Blood Circle, Social Circle and Nirjala organized Blood donation program supported by Heads Nepal. \*
8. Lions Club of Kathmandu Chhabdi Barahi organized Warm Clothes and Stationery Distribution Program at Sapteswor Secondary School in Banepa 01, Tukucha Kavre.
9. Lions Club of Kathmandu Machhapokhari Excellence , Lions Club of Kathmandu Aadhar and Lions Club of Kathmandu Nagarjun View jointly organized Megha Health Camp and Free Medicine Distribution Program at Thakre, Dhading. \*
10. Lions Club of Kathmandu Peace Land organized the Warm Cloth and Stationery Distribution Program in Shree Sapneshwor Secondary School, Tukucha, Kavre with support of LCK Myagdi, Myagdi Youth, Chhabdi Barahi, Bed Byas, New Everest Sunshine, Earth.
11. Lions Club of Tanahun Byas City organized Distribution of Warm clothes to the people of Chepang community in Bhanu.\*

### December 25, 2022

1. Lions Club of Kathmandu Chhabdi Barahi distributed warm clothes to 34 needy people at Basantapur, Kathmandu.
2. Lions Club of Kathmandu Simrik Group, Baraha Group and Pradesh jointly organized Blood Donation Program and collected 31 pint of blood within three hours Lions Club of Kathmandu Aadhar handover the cheque of Padhau Abhiyan to the student Anjali Bonjan Pandey for this year.
3. Lions Club of Pokhara Metro City distributed warm clothes and blankets to 25 underprivileged families in Rajbiraj. Similarly, the club donated sweater, warm cap and school bags to 25 school children who are unable to afford them. Congratulations lion Saroj Wagle and team LCP Metrocity for these benevolent works. \*
4. Lions Club Of Kathmandu Subha Aarambha organized Christmas celebration program on the occasion of club member's birthday.\*

### December 26, 2022

1. Lions Club of Kathmandu Blood Circle and Social Circle had a meeting with Prof. Dr. Bhagawan Koirala Team to discuss and share the ideas about effectiveness of blood donation program in Nepal.
2. Lions Club of Pokhara Jayalaxmi organized the Blood Donation Program. \*



# Clubs Activities

## December 27, 2022

1. Lions Club of Kathmandu Aadar appreciated to Charter President and FWC Coordinator Lion Reshma Shrestha for being awarded as Cabinet Officer of the Month on November 2022.



## December 28, 2022

1. Lions Club of Durbarmarg discussed in the club meeting for the future Health Camp Planning Meet on General Free Screening of Diabetes, Hypertension, Vision and Dental Hygiene Check-up.
2. Lions Club of Aanboo Khaireni Akala organized the Warm Clothes Distribution Program.\*



## December 29, 2022

1. Lions Club of Pokhara Darpan organized All President Meet of Pokhara for the improvement of lionism in Kaski.
2. Lions Club of Kathmandu Sitapaila celebrated the birthday of Past President Lion Uttam Giri.
3. Lions Club of Durbarmarg organized a training program within the club members about the use of My Lions app and reporting of club activities.

## December 30, 2022

1. Lions Club of Kathmandu Kakani celebrated 5th Charter Night at Organic Club, Metro mall Kathmandu. District Governor Lion Mani Shree Ratna Bajracharya along with district officers were present in the event.
2. Lions Club of Pokhara Fishtail organized a meeting within the past president of the club at SRKC Banquet Pokhara 12, Nepal.
3. Lions Club of Kathmandu Bishal Bazar organized Micro Credit Loan Distribution at Nepal Adarsha Secondary School, Ganabahal. The loan was distributed to 12 women of Ganabahal amounting Rs.25,000/=. The loan with 0% interest should return within 25 months which comes 1000/= per month. The financial support was from Lions Club of Sollorod Denmark.
4. Lions Club of Kathmandu Social Circle and Blood Circle Jointly Organized the warm cloths distribution program at Nawalpur, Sindhupalchwok. \*
5. Lions club of Kathmandu Prayasnagar organized Blood Donation Program.\*
6. Lions Club of Kathmandu Kakani organized District Governor's Club visit. Most of the club members were present in the program.
7. Lions Club of Kathmandu Blood Circle organized Blood Donation Program at Bangemudha, near Ason tole.



# Clubs Activities

7. Lions Club of Kathmandu Social Circle and Blood Circle Jointly Organized the warm cloths distribution program at Nawalpur, Sindhupalchok. \*
8. Lions club of Kathmandu Prayasnagar organized Blood Donation Program. \*



## December 31, 2022

1. Lions Club of Kathmandu Sitapaila, Pinglasthan and Ramkot jointly donated Water Tank and statue of Ganesh, Buddha and Laxmi for Narayan Temple, Lainchour. The sponsor of the program was Lion Devi Laxmi Rajak and family and Mr. Khadga Bahadur Rajak and also financially supported for the trust.
2. Lions Club of Kathmandu Myagdi Youth organized one Day Roof Top gardening Training and Material Distribution Program. The event occurred in Lalitpur, Kuchhenani 20.
3. Lions Club of Kathmandu Gunakeshari conducted District Governor Club Visit at Supreme Café, Khichapokhari, New Road. Club President Lion Jolie Silwal presided the program. District Governor Lion Manishree Ratna Bajracharya, 2nd Vice Governor Lion Suman Bhatta and most of the club members and district officers were present in the program.
4. Lions Club of Kathmandu Blood circle organized Blood Donation Program at Tarkeswor.
5. Lions Club of Tanahun Damauli organized New Year's Eve for the fellowship within the club members.
6. Lions Club of Tanahun Dumre organized Blood donation program with technical help of Regional Blood Transmission Center Pokhara. \*



## Correction on Vol. 1 Issue 5

Club Activities  
 November 1, 2022 (Serial No. 1)  
 Lions Club of Kathmandu Social Circle organized Club Banner Show at Tilicho Lake 4919 metre altitude, the highest lake in the world.

**Leadership is the capacity to translate vision into reality.**

# Glimpse of 50<sup>th</sup> ISAME Forum



## Lions Clubs International Report Up to December

	December	Upto December 31
Overall Activities ...	388	1141
Overall People Served ...	26,434	76,894
Overall Volunteer Hours ...	7,230	31,319
Vision Activities Count ...	14	28
Hunger Activities Count ...	18	88
Environment Activities Count ...	13	68
Diabetes Activities Count ...	21	28
Childhood Cancer Activities Count	0	2

\* Not reported in Lions Clubs International



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